

HELPING HEALING HEARTS: MENTAL HEALTH SUPPORT CENTER FOR TERROR VICTIMS IN SOUTHERN ISRAEL - THE SDEROT RESILIENCE CENTER



PROJECT COST

2,500,000 NIS

PROJECT NUMBER

20637

Israel's south is under an unprecedented vicious and violent terror attack. We must do all we can to heal the wounds – support the Sderot Resilience Center.

The team of highly trained and experienced therapists and counselors is committed to providing compassionate and empathetic care to all those affected by the terror attacks. They understand the unique challenges faced by victims and are present to support victims every step of the way.

After the vicious massive attacks, the demand for the mental and emotional services provided by the Sderot Resilience Center has never been higher. The tense security situation is leaving many residents in a chronic state of trauma, suffering from anxiety, depression, PTSD, insomnia, fear of noise, nightmares, impairment of parental abilities, and bedwetting among children.



Photo by Bonnie Sheinman, KKL-JNF Photo Archive

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KKL-JNF is funding one-on-one sessions with therapists who allow the patients to explore their feelings, fears, and anxieties in a supportive environment. The caregivers have years of experience helping terror victims and their families heal from the emotional wounds of trauma.

Therapists have also been sent to the locations to which the residents of the south have been evacuated and have established a crisis center in Sderot to manage the many operations conducted by the Resilience Center.

Another way the Sderot Center provides care is through animal therapy. Emotional activities with animals can provide patients with a sense of success, security, trust, satisfaction, and pleasure.

Also, the treatment can help in dealing with fears, improve self-confidence and self-image, and allow patients to project their feelings onto the animal, thereby diagnosing their emotional state and beginning psychotherapeutic treatment.

Together, we can heal, rebuild, and find hope for the residents of Southern Israel amid horrific terrorism. KKL-JNF invites you to support the residents of Israel who are under attack and support our campaign to heal hearts, starting a path to recovery.

